



# Pathways To Positivity

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## Project team:

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- Project Manager – Shannon
- Admin – Lily
- Finance – Leah and Meyrem
- Marketing – Kate and Leigha

# The Beginning

To begin with, we first started brainstorming ideas that are associated with the UN Development Sustainability goals, Some of our ideas were:

- Mental Health Aids
- Girls In Engineering Events
- Outdoor Garden Space
- Dog Poo Bins for the Area
- Leftovers from School Meals go to People on Free School meals

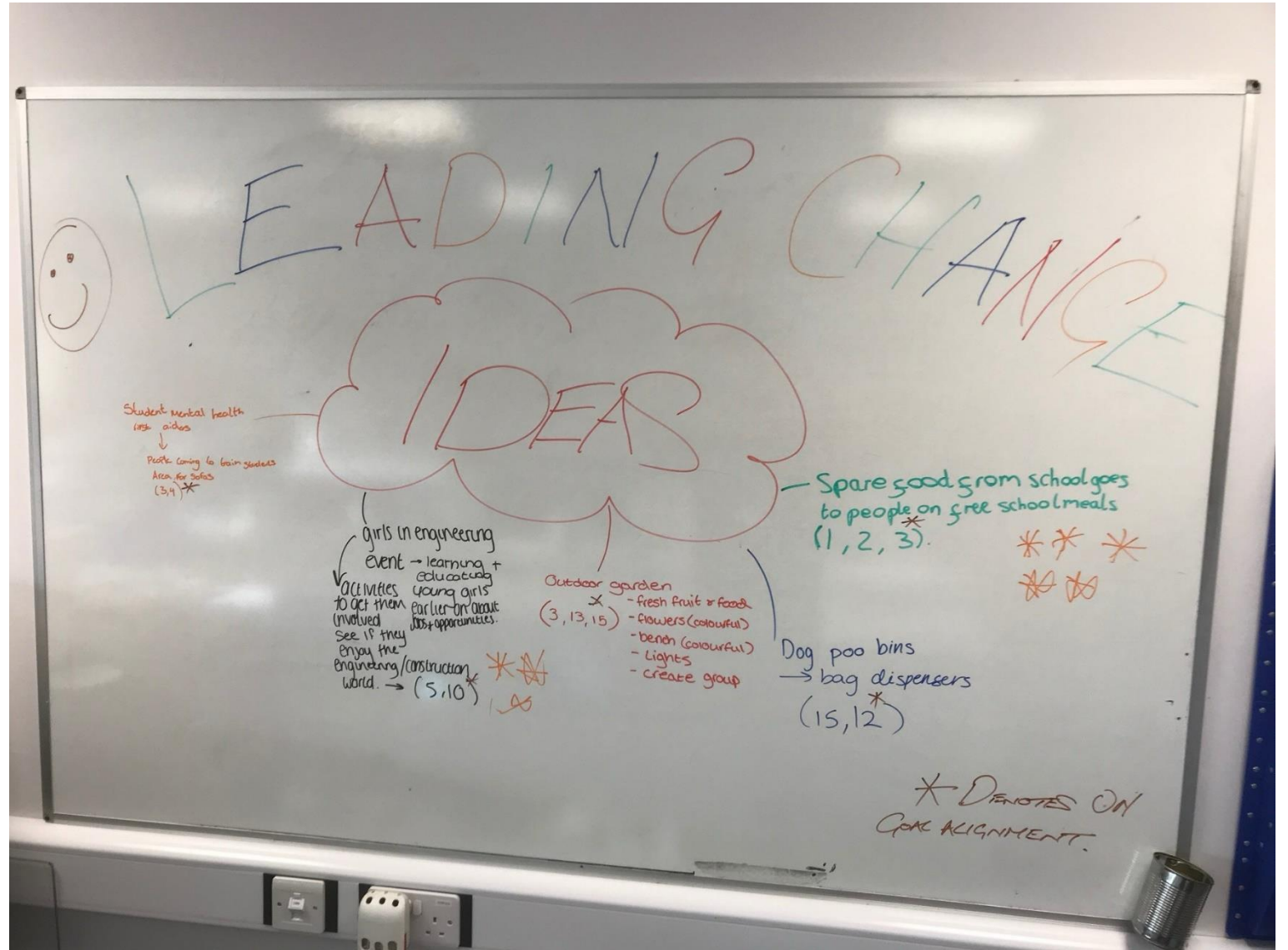


**SUSTAINABLE DEVELOPMENT GOALS**

17 GOALS TO TRANSFORM OUR WORLD



# Our brainstorm:



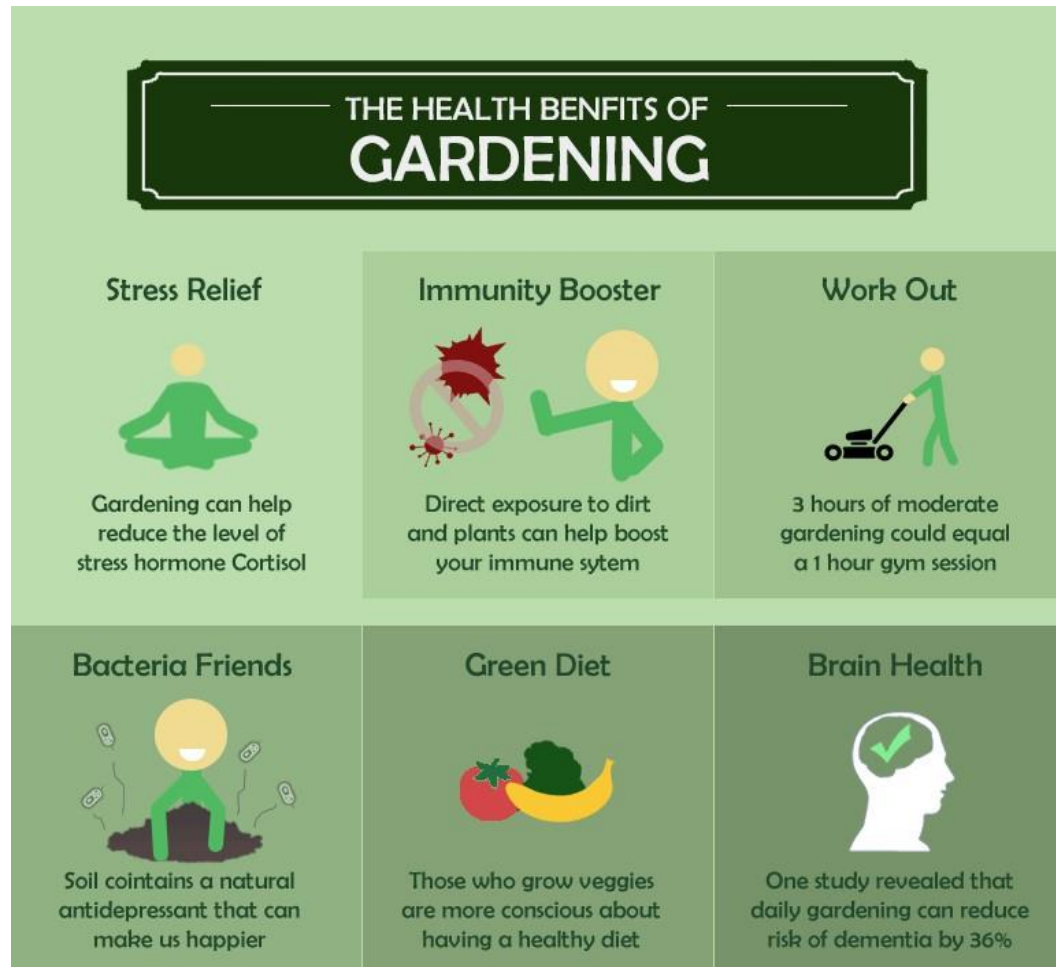
Our first idea was leftover food from school meals going to students in need of it. We conferred with the canteen staff, but they said this was not viable as there was some health and safety worries.

We reevaluated our plan and decided upon the idea of a positive mindset garden. The aim of the garden is to create a space for the younger students to come when they are overwhelmed and need time away from the busy school life, they will be supervised by a sixth former, who will be there to listen and give personal advice on what helped them if they went through similar stuff.

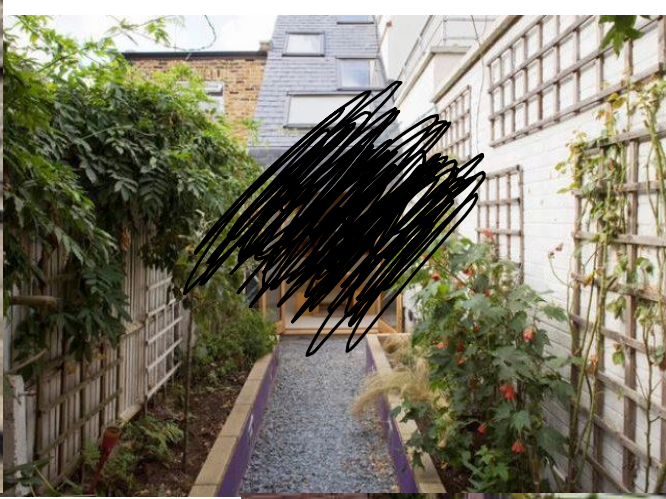
The behaviour of the lower years, sometimes, is shocking and the garden will hopefully tone down acting out as the benefits of gardening are reduced stress and peace of mind.



# Benefits of Gardening



- Stress Relief
- Gardening gives a sense of control
- Immunity Booster
- Work Out
- Bacteria Friends
- Green Diet
- Brain Health



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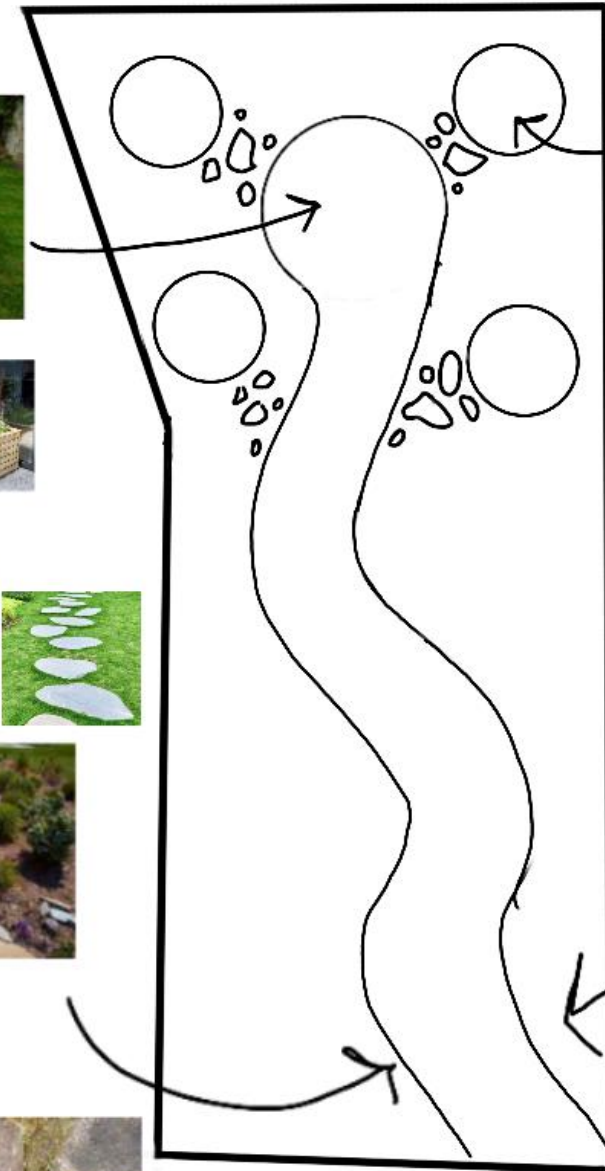
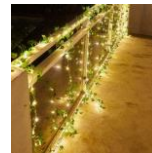


# The Design

For the design of the garden, we're aiming to create a zen, minimal, safe space for people to come and feel in control. We are implementing lots of greenery and flowers to make the garden feel full of life and inspiring. The garden will consist of "pods" with benches for aids and students to confer about problems and receive advice.

In the centre of the "pods", there will be a larger bench surrounding a large tree, decorated with fairy lights and wind chimes, which are used to reduce noise.

To further reduce noise, we will implement Bamboo fencing around the area to seclude it from the busy sports pitches that are next to the space.





# What is our campaign?

Our project is a positive mindset garden which we have called Pathway to Positivity. Our project applies to the UN sustainability targets 3, 13 and 15



## Why is our project important and who will it benefit?

Our project is important because it will provide a safe and calm space for students to go to. With our target audience being the year 10 and 11 students who are undergoing exam and day to day stress, we want to allow them somewhere away from the main school to go to when they are feeling overwhelmed and want somewhere quiet to go.

## What will the long-term impact be?

We hope that our campaign will give students more confidence during the exam season and give them the skills to talk about any problems and resolve these in the future.

## Who are the key stakeholders?

- Mr Pittams - manages the land
- Mr Pittams class – they have utilised it in the past for planting
- Year 10 and 11 students – will use the space

# Finance:



This is our budget plan of all of the furniture and decorations we need to create a safe and warm environment for other pupils.

We have tried to budget our self's as much as we can, given the £1,500 budget. The financial cost may not be extremely accurate, but this is the price range off what it will cost us.

We are hopeful that with everything we purchase it will create an positive impact towards the pupils of our school.

## Pathway To Positivity

**Total**

**£1,072.69**

Item	Cost
Flowers	£173.70
Soil	£41.37
Bamboo	£64.95
Bench	£386.96
Planters	£141.96
Wind chimes	£41.78
Fairy lights	£21.98
Slabs of Concrete	£199.99

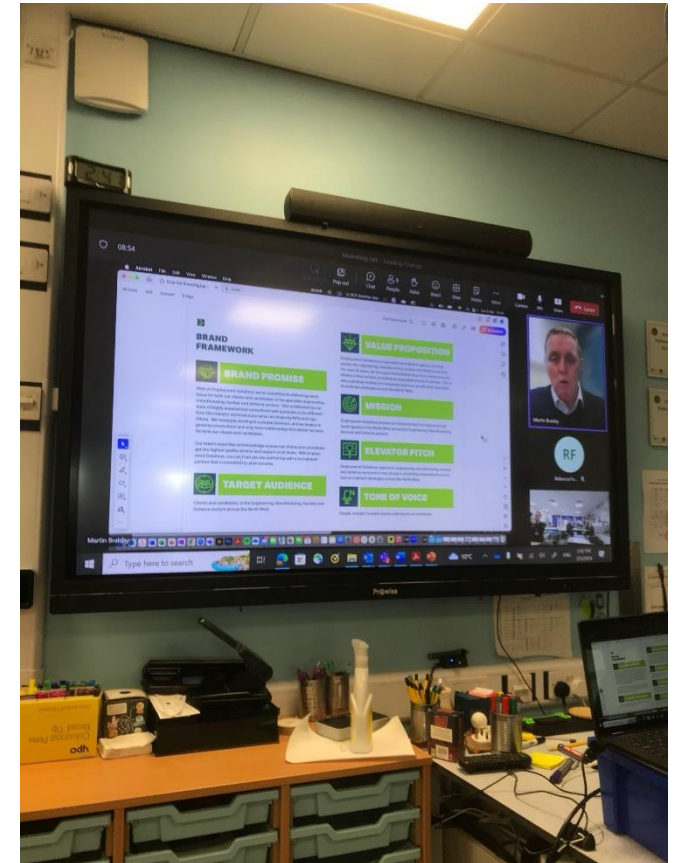


# Marketing:

We had a marketing session where we had a Head of Marketing as ES Steel talk to use about how to market our campaign and get our ideas across to people. This helped us focus on our vision for the campaign and our target audience.

## How we plan to promote the garden:

We will advertise it as a zen garden to prevent stigma around mental health. We will use posters around the school and promote it by word of mouth.



# Future goals:

- To be used by SEND students
- Plant and nurture a plant – Give a nurturing focus for students to plant and grow their own flowers
- A quiet study area



# Summary:

Our project is a positive mindset garden which provides students a safe and calm place to de-stress.

Timeline- Throughout the summer term.

We would like £1,500 to fulfil this goal.

